

Choosing a Confirmation Saint Name

Choosing a saint name is an essential part of Confirmation and it is an acknowledgement that the Holy Spirit will change you through the grace of this Sacrament. We see in Scripture that Jesus changed the name of some of his disciples to signify that their role had been changed and that they were becoming, in a sense, anew person.

When choosing a saint, you should choose someone who exemplifies a quality that you wish to have, somebody whose life you want to emulate, or somebody you have something in common with. If you are a musically inclined, you may choose St Cecilia, the patroness of musicians and singers. If you admire purity, St. Maria Goretti, virgin and martyr, would be a great intercessor. There are thousands of saints that are acknowledged for a wide variety of reasons.

Please answer the following questions.

- When was he/she born? Where did he/she live?

- What made them stand out? Were they well liked or persecuted?

- What are they patron saint of? (I.e. sports, animals, bee keeping, etc.?)

•Why did you pick this particular saint? What do you have in common with this saint? In what way, and why, do you aspire to be like this saint?